



*Celebrating 90 years*

# St Cecilia's Catholic School, Balgowlah

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Number 2 6 February, 2019

## School Prayer

At St Cecilia's Catholic School we are committed to learning together within an environment that reflects the Gospel values. **God of Love, Bless our school. Teach us to respect others and your Creation. Encourage us to be our best. Inspire us to treat others the way we want to be treated. Lead us to help people in need. Be with us as we celebrate the many gifts you have given us.** St Cecilia, pray for us

**Core Value:** *Respect*

**School Rule:** Respect yourself, others and the environment

**Scripture:** Each one of you is part of the body of Christ and you were chosen to live together in peace: Colossians 3:15

**Story:** The Ten Commandments: Welcome others

## Principal's News

Dear Parents

### PARENT NETWORK COMMITTEE

Our Parent Network committee have had a busy start to the year. To date they have organised class parents, the kindy picnic, tea and tissues, volunteers for the canteen and are busily working on the *Welcome Evening* and the *Gala Dinner*. Please accept the community's heartfelt thanks, for it is this work in the background that builds the inclusive welcoming community at St Cecilia's. I look forward to catching up with new families and existing families at the Welcome evening on the 23 February.

To ensure you are included in the Parent Network mail out and don't miss out on invitations to family gatherings, please complete the Parent Network class list information form by following the link in the Parent Network section of this newsletter. Completing the form is voluntary and not a requirement however due to privacy laws the school office cannot pass on your contact details on to the Parent Network group.

Coding lessons, paid for by the Parent Network team recommenced this week.

### CLASS PARENT MEETING

Thank you to all the parents who have agreed to take on the *Class Parent* role for 2019. This is a privileged position that comes with some responsibility. A *Class Parent* meeting will be held in the school hall at 2:30pm tomorrow, Thursday, afternoon to discuss the role. It is important that at least one class parent from each year group attend.

### 'CEREMONY OF LIGHT' LITURGY

A warm invitation is extended to all parents to join us on Friday 8 February when St Cecilia's extends a very special welcome to all our Kindergarten children and any students and staff new to St Cecilia's. Our School Leaders for 2019 will also receive their leadership badges. Please join us for this very special Mass at 9:15am.

### KISS AND RIDE

**Kiss and Ride** zone operates between 8.30-9.30am and 2.30-3.30pm. During these times the restrictions are enforced by Council Rangers.

- **'DO NOT GET OUT OF CARS in White St'** when dropping off and picking up students in the Kiss and Ride Zone
- **'DO NOT REVERSE PARK or jump the queue in White St'** but **move along with the flow of cars** in a line to collect or drop off your child in the allocated area.
- Remember **'NO PARKING'** restrictions do apply
- If the traffic is banked across the roundabout it may be necessary for parents to drive around the block.
- If students are not present at the pickup zone for any reason, parents may be asked to drive around the block

If parents wish to come into the school playground they are asked to park their cars in Wanganella and Seaview Street and to enter and exit the school yard via the gates in Wanganella and Seaview Streets.

- Students for "Kiss and Ride" sit on the driveway inside the gate in the afternoon.
- Cars are to have the "family name sign" visible on front window- the school has issued one sign per family (from office) - If more than one sign is required please notify the office.

- Supervision of students ceases at 3.30pm. If students have not been collected they will be taken to After School Care where the afternoon fee will be required.

Thank you to parents for working with the school so that all students are kept safe and parents can pick up and drop off students efficiently. If you prefer not to use this service please be considerate of our neighbours and refrain from parking across their driveways or in the parking bays of nearby units even for short periods of time.

### **STUDENT SAFETY**

Supervision before school begins at 8:30am. Any child arriving before this time is required to book into Before School Care with Camp Australia.

Just a reminder that in the interest of student safety the play equipment is only open at recess and lunch when classes are rostered and teachers are available for supervision.

Finally work on the shade structure is scheduled to continue this weekend on Saturday and finish on Monday.

### **PROCEDURE WHEN A CHILD IS ABSENT**

Regular attendance at school is essential to assist children to reach their potential. However if your child is sick we encourage you to keep them at home until they are well enough to return to school. On the day of the absence please phone the office to advise us of the absence and follow up with a note to the teacher the day your child returns to school.

Any child arriving after the bell in the morning requires a late note from the office. It is the parent's responsibility to take their child to the office and to complete the note. The child then hands it to the teacher as they enter the classroom and it is recorded on the classroom roll.

### **SPORT UNIFORM & LIBRARY**

Hopefully last nights '*meet the teacher*' informed you of all that you need to know regarding your child's school routines. Just to confirm when your child needs to wear their sport uniform and when they have Library:

#### **Sport Uniform**

Kinder and Yr 1: Monday and Friday  
Year 2: Wednesday and Friday  
Years 3 to 6: Wednesday and Thursday

#### **Library**

Kinder: Wednesday  
Yr 1B: Wednesday  
Yr 1W: Thursday  
Yr 2: Wednesday  
Yr 3: Monday  
Yr 4: Wednesday  
Stage 3: Monday

In Omnibus Glorificetur Deus  
In all things may God be Glorified.

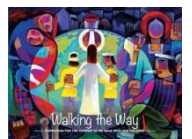
*F Taylor*

Fran Taylor  
**Principal**

## **Religious Education**

### **WALKING THE WAY**

Walking the Way is a school-based initiative in the Catholic Diocese of Broken Bay, designed to encourage parents in their sacred task of accompanying their children on their journey with God. There are four elements: Book & video / E-Bulletin / Parent gatherings / Annual retreat. Click here to view <http://walkingtheway.dbbcsso.org/archive-2019-year-c.html>



## **WEEKLY AWARDS**

We congratulate this week's Awards' recipients.



<b>Week 1</b>	<b>Respect</b>	<b>Core Value</b>	<b>Merits</b>
<b>Kinder</b>	Campbell F & Sebastian C		Aiden C, Anna K, Max M and Madeleine R
<b>1B:</b>	Jacob P		Asha K and Mia O
<b>1W:</b>	Samuel M		Georgia G and Miles M
<b>2B:</b>	Mia H		Jessica O and Charlie G
<b>2W:</b>	Emily G		Kyra K and Darci M
<b>3B:</b>	Finlay D		William O and Jack B
<b>3W:</b>	Liam M		Claudia W and Xavier F
<b>Yr 4</b>	Elizabeth C & Oscar W		Charlie M, Annaliese O, Molly W & Tommy B
<b>Yr 5/6</b>	Amelie D and Ainsley B		Aisha K, Milly R and Ruby S

## **UPCOMING DATES**

### **February**

Thurs 7<sup>th</sup> 2.30pm Class Parent meeting  
 Fri 8<sup>th</sup> 9.30am Opening School Mass and Ceremony of Light  
 Tues 12<sup>th</sup> School Banking commences  
 Chess commences  
 Thurs 14<sup>th</sup> 9 – 11.30am Swimming Carnival  
 Mon 18<sup>th</sup> 2.30pm Prayer Assembly 4B  
 Tues 19<sup>th</sup> P&F Exec meeting  
 Fri 22<sup>nd</sup> Book Club orders close  
 Sat 23<sup>rd</sup> Welcome Cocktail Party

Sun 24<sup>th</sup> FCG Mass Stage 3  
 Tues 26<sup>th</sup> Yr 3 boys to St Paul's College  
 7pm School Advisory Committee meeting  
 Thurs 28<sup>th</sup> Northern Beaches Swim Carnival  
**March**  
 Mon 4<sup>th</sup> 2.30pm Prayer Assembly 1W  
 Tues 5<sup>th</sup> 9.15 – 11am Open Morning  
 7pm P&F meeting  
 Wed 6<sup>th</sup> 9.15am Ash Wednesday Mass  
 Thurs 7<sup>th</sup> Broken Bay Swimming at Mingara  
 Fri 8<sup>th</sup> Good Sam Day

## **CHESS!!**

Learn to be a chess champion! Coaching for students at St Cecilia's Primary School (Balgowlah) is held on Tuesdays from 8:00am to 8:45am, starting on 12 February 2019.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email [enrol@sydneyacademyofchess.com.au](mailto:enrol@sydneyacademyofchess.com.au) for a copy. For all enquiries, please contact Sydney Academy of Chess on 9745 1170

## **DRAMA – STAGEWORKS**

Drama Classes commence next Monday 11 February. Enrolment information and permission is included in this newsletter.

## **BOOK CLUB**

You will shortly be receiving the Book Club catalogue in your child's school bag. All orders are to be placed online, details of how to do this can be found on the catalogue.

The deadline for orders this term is 22 February so please place all orders by then.

For those new parents the catalogues come out once a term and any books that have been ordered get distributed to your child's classroom when they arrive. The school earns rewards that can be used to spend on books for the classroom and library.

If you have any questions please contact Emma Trueman [emtrueman@gmail.com](mailto:emtrueman@gmail.com)

## **CHIFUNESE**

Classes at St Cecilia's for 2019 will be held on Wednesday from 3.20-4.20pm. For information click [here](#).

**PARENT INFORMATION GUIDE:** Click [here](#) for the 2018 booklet. The 2019 version will be available shortly.

## **PRESIDENT'S MESSAGE**

Welcome Back families! We are thrilled to be starting a new year with all of you.

As you know, first up to celebrate our school will be our Welcome Party on 23 February. You will receive the invite shortly (if you haven't already). The Welcome Party will be held at the Queenscliff Surf Life Saving Club, and will be a lovely night to welcome new families and celebrate existing families. Existing families - please be sure to take a look at the email that comes along with the invite, as it will share details on providing snacks, etc.

Next, we are looking to fill two roles on the Parent Network Executive Committee - VP of Hope and VP of Community. Both of these roles are pivotal to the committee and are open to existing and new parents (I know we have some amazing Kindy parents out there!)

VP of Hope oversees our relationship with Pickles (uniform provider), our Yearbook, among other tasks, while our VP of Community acts as the glue between the Executive Committee and our wonderful parents. If either of these roles could possibly be of interest, please contact me at [castaldojamie@gmail.com](mailto:castaldojamie@gmail.com).

Lastly, I want to thank our parent community. From the new Parent Network Executive Committee, to the Year 1 Parents planning the Welcome Party, the Year 2 Parents planning the Gala, the Class Parents who have jumped in with two feet, parents on the playground making others feel welcome, and the smiles all around, we are just so, so blessed. Thank you all for your kindness, and giving spirits. You are true examples for our children.

It will be a great year!

## **Tea and Tissues**

We really appreciated all the very generous food donations and help provided by the Year 5/6 parents for the *Tea and Tissues* morning last week. All the lovely leftovers were donated to the teachers, which I am sure they were very grateful for!

A special thank you to Melanie Blankenstein, Tracey O'Sullivan and Kate Lovelace for their help setting up, serving and clearing away. It made the morning go very smoothly.

## **Volunteer for Meals on Wheels**

St Cecilia's assists our local Meals on Wheels program each Monday morning. It involves driving and accompanying the Year 5/6 students to deliver meals to recipients in our local area. It generally takes only 1.5 hours (11.40am - 1.10pm). ***We encourage you to sign up and support this social justice initiative...*** <https://www.signupgenius.com/go/30e0949aaaae2ca6f94-meals1>

## **Volunteer for GIFT Cook-offs**

GIFT (Giving in Faith Together) organises fortnightly cook-offs to provide meals for families in need in our community. Year groups come together (at different time slots, see below) from schools in our parish on a Monday evening in the parish kitchen at St Kieran's Manly Vale between 6pm and 9pm. All ingredients are ordered and delivered to the kitchen and meals are frozen for collection/distribution at a later date. ***Please volunteer for this important social justice initiative.***

- Year 4: Monday 25 February (Coordinator Sonia Walsh)
- Year 2: Monday 25 March (Coordinator Derville Peach)
- Year 1: Tuesday 7 May (Coordinator Christine Boys)
- Kindy: Monday 17 June (Coordinator TBC)
- Year 3: Monday 29 July (Coordinator Gillian Hopkins)
- Teachers: Monday 26 August (Coordinator TBC)
- Years 5-6: Monday 14 October (Coordinators: Katharine Cook, Annette Paddison)
- Year 4: Monday 11 November (Coordinator Sonia Walsh)

***Cook-offs are held on Mondays at 6-9pm in the Parish Kitchen at St Kieran's Manly Vale. Please sign up here to volunteer in your year group time slot...*** <https://www.signupgenius.com/go/30e0949aaaae2ca6f94-gift>

Thank you!



### St Cecilia's Parent Network Contact Details Form

In line with privacy legislation the school cannot pass on your contact details. If you want to be contacted by the Parent Network and you haven't already done so please complete the St Cecilia's Parent Network Contact Details Form as soon as possible using the following link: [St Cecilia's Parent Network - Class Lists 2019](#)



2019 Canteen Menu: click [here](#)

**A volunteer is urgently** needed for this Friday 8 February. If you can't do the whole day from 12noon to 1.30pm would be greatly appreciated. Please contact the school office if you can help.

### YOGA AND MINDFULNESS CLASSES ARE CONTINUING FOR TERM 1 2019!

PLEASE NOTE the time change back to 7:45am, so the children have time to get changed and organised for school after the class finishes at 8:30am.

Does your child suffer from anxiety or stress? Do they have difficulties regulating their emotions or controlling their moods?

Maybe they have problems with their focus and concentration in class? Or maybe they just need to move their bodies, strengthening and stretching their muscles more?

Yoga, mindfulness and relaxation has been proven to have huge positive benefits for children. Children are given the opportunity to learn to:

- connect with themselves and their emotions/feelings
- enhance their self-awareness
- move their body mindfully with presence
- develop tools to self-regulate
- encourage positive interactions with other children
- have fun in a playful learning environment.

Our classes focus on movement, poses, yoga games, partner poses, mindfulness activities, breath awareness techniques and relaxation.

WHEN: MONDAY MORNING TIME: 7:45AM - 8:30AM (45MINUTES)

DATES: COMMENCING IN WEEK 3 - 10 (8 WEEKS)

PRICE: \$120.00 (Mats and Props are included)

PLEASE BOOK by emailing: [connect@theheartofliving.com.au](mailto:connect@theheartofliving.com.au), visit the website: [www.theheartofliving.com.au](http://www.theheartofliving.com.au) or call 0421552212 (please note \*\* Be HAPPY Yoga has rebranded to The Heart of Living in July last year)

Payment is due prior to Term 1 classes commencing and also confirms placement for child/ren in the class. There are limited spaces in the class so be sure to secure your child's placement.

## Parish News

### SACRAMENTAL PROGRAM NEWS

- Parents of children in Year 3 and older (who received the sacrament of Confirmation last year) are reminded that the **First Reconciliation Program** commences this term with the **Parent Information Meeting on Tuesday 19 February at 9.30am OR Wednesday 20 February at 7.00pm in St Kieran's Church;**
- **Group Facilitator Meetings** will follow the Parent Information Meetings at 10.30am (Tuesday) OR 8.00pm (Wednesday) in St Kieran's Church;
- **Practice for First Reconciliation Tuesday 19 March at 4pm in SK Church OR Wednesday 20 March at 7pm in SC Church;**
- The next **Baptism of Young Children Program (for children aged 7 – 11 years)** will commence in **March 2019**, prior to the beginning of the 2019 – 2020 Children's Sacramental Program;
- Advance notice - The **Sacrament of Confirmation** will be celebrated on Saturday 17 August 2019 at 10.00am, 12 noon and 3.00pm.

**Parents new to the school** with children in Year 3 (and older) who would like their children to join the **First Reconciliation** program are asked to contact Janette as soon as possible.

For further information please contact Janette on 0408 866 521 or at [sacraments@northharbourcatholic.org.au](mailto:sacraments@northharbourcatholic.org.au)  
*Janette Davidson, Family and Sacramental Minister - Catholic Community of North Harbour*

## Community News

### ST JAMES KINDERGARTEN

**Vacancies in 2019 at St James Kindergarten** - 1 Bareena Dr Balgowlah Heights.

For more than 30 years SJK has served the community of Balgowlah, in providing a high-quality preschool learning program, within a loving and nurturing environment by long standing, highly experienced and qualified staff.

Relationships with children and families is key in our high standard of care at St James, for children aged 3 to 5 years. We understand children have agency, with capabilities and rights to initiate and lead learning. Their interests, abilities, previous experiences and individual learning styles are considered in our planning as we aim to ignite the children's love for learning.

We have a few spaces left in our Thurs Fri class and one in our Mon, Tues, Wed class for 2019. Please ring the Director Debbie Atkinson on 99497840 for a tour and/or further information.



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**51 Dareen Street Frenchs Forest 2086 Ph: 0418 425 128**

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**ST. CECILIA'S DRAMA CLASSES 2019**

**Drama Classes** are available in the School Hall for children in **Years 1-6**. The length of the different terms may vary but is usually **8 weeks** and all classes are of 45 minutes duration.

**2019 - Term 1** – 8 weeks (**cost \$135**) Invoices are either posted or handed out in class.

These are the days and times the school hall is available for drama.

**WEDNESDAY 8am – 8.45am**

**THURSDAY 8am – 8.45 am**

As soon as I have an idea of enrolment numbers I can nominate which day is appropriate for the different age groups. However, the older age group will most likely be on Wednesdays and the younger age group on Thursdays.

Classes will start the week beginning **Monday 11<sup>th</sup> February**. Please check the school newsletter to verify the day allocated to your child's age group.

The children are given several performance opportunities throughout the year, e.g. in Semester 1, there will be the option to enter in the **Northern Beaches Eisteddfod** in individual items. There are also regular performances in the school hall on Drama Performance nights and/or Open Days when parents may view a class in progress.

Please complete the section below and return to the School Office by Friday 8<sup>th</sup> February to confirm your place in the age appropriate drama class. All children new to drama classes will need to complete a **yellow Stageworks Enrolment Form** at the first drama class. *Please make sure to notify me of any **change of address**, as the school office does not automatically do this.*

Trish Collier, Drama Teacher.

My child/children.....Year/s.....

Would like to take part in Drama Classes for 2019 in the School Hall before school Wed or Thurs

Signed..... (Parent/Guardian)

Contact Phone No.....Email.....

*Please return to school office by Friday 8<sup>th</sup> February*

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For the second year running Dr Anil Dignaut is happy to support the St Cecilia's Primary Catholic School community. Manly Orthodontics is a boutique orthodontic practice that provides comprehensive Orthodontic care for patients of all ages ranging from traditional braces, to more aesthetic appliances such as Invisalign. The practice has a strong focus on clinical excellence and patient experience and each patient is treated by a Specialist Orthodontist from start to finish.

Anil is very approachable and is always happy to answer any questions or concerns regarding early orthodontic treatment. If your child is not ready to start orthodontic treatment, they will receive periodic reviews (at no charge) to monitor their dental development. This will allow your child to get to know the practice and ensure that treatment is carried out at the correct time.

[manlyorthodontics.com.au](http://manlyorthodontics.com.au)

**Telephone 02 9977 8164** Suite 2, 39 East Espl, Manly NSW 2095 (above Garfish, opp Manly Wharf)

Terms and Conditions: This offer is for parents and children currently enrolled at St Cecilia's. The offer is valid for the 2019/2020 financial year.




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