



Celebrating 90 years

St Cecilia's Catholic School, Balgowlah

59 Seaview Street, Balgowlah 2093
Phone: 9948 3069

Website: www.scbdbb.catholic.edu.au

E-mail: scb@dbb.org.au
Number 20 26 June, 2019

School Prayer

At St Cecilia's Catholic School we are committed to learning together within an environment that reflects the Gospel values. **God of Love, Bless our school. Teach us to respect others and your Creation. Encourage us to be our best. Inspire us to treat others the way we want to be treated. Lead us to help people in need. Be with us as we celebrate the many gifts you have given us.** St Cecilia, pray for us

Core Value: **Justice**

School Rule: Treat others as you want to be treated

Scripture: Blessed are they who maintain justice who constantly do what is right. *Psalm 106:3*

Story: The Good Samaritan: Allow others to share their ideas

Principal's News



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One step at a time

"Jesus resolutely took the road to Jerusalem..." (Luke 9:51).

This Scripture verse refers to Jesus' final journey to Jerusalem, where he will meet his death, and resurrection. His decision to take this road takes tremendous courage, perseverance in faith, and trust in the love of his Father.

Family life involves a journey that calls for perseverance, courage and trust. These are often quiet, hidden qualities, expressed in countless everyday decisions. Let's encourage one another as parents as we walk with our families in good times and in difficult times.

Dear Parents

ATHLETICS CARNIVAL MONDAY 1 JULY

This year the Athletics Carnival will be held on Monday 1 July at the Narrabeen Academy of Sports (Wakehurst Parkway, Narrabeen) between 9:30 – 1:30pm. The Athletics Carnival involves all children from Kindergarten to Year 6 and is a great opportunity for all those involved in the school to enjoy the unique community spirit at St Cecilia's Catholic school. Please follow this [link](#) to register your child for events and to complete the permission note. **Every child needs to be registered.** This is their entry form AND their permission.

Please be aware that dogs are not permitted at any school events.

CORE VALUE ASSEMBLY

Blessed are they who maintain justice who constantly do what is right. Psalm 106:3.

The recipients of our Core Value Award for **JUSTICE** will be announced at our assembly on Wednesday 3 July due to the Athletics Carnival and Rugby League and Eagle Tag Gala Days scheduled for the week. The children who receive the award exemplify Jesus' teaching to *treat others as you want to be treated*.

The award ceremony begins at 2:30pm in the church. A special guest, Catherine Cresswell, CEO of the Good Samaritan Foundation will attend the awards ceremony as part of our reconnecting with the Good Samaritan order during our 90th year. She will speak briefly about the order of the Good Samaritan Sisters who founded our school and the work that they do.

HOME LEARNING

Our Advisory Committee have been looking into the question of home learning. They have decided to survey parents to find out more about parent expectations when it comes to children completing learning at home. We would appreciate you following the Weblink <https://www.surveymonkey.com/r/HYZ6CR5> and completing the survey. We are seeking feedback from parents, teachers and students.

SCHOOL TERM

The school term is quickly coming to an end. School will close for the holiday period on Friday 5 July and resume on **Tuesday 23 July**. Please note that Monday 22 July is a **pupil free day** when the staff at St Cecilia's will join with the staff of other catholic schools to fully understand the demands of the new PDHPE syllabus (Personal Develop, Health and Physical Education)

LONG SERVICE LEAVE

We have a number of staff taking long service leave at the beginning of Term 3. Damien O'Brien will be away for 2 weeks. He will be replaced by Margaret Brewster. Rebecca Raso will be away for 3 weeks, Fiona Moran will take her place. Sue Walmsley and Sue Grose will also be away for two weeks. We wish them all a safe, enjoyable time away.

SAVE THE DATE - HEAVEN ON EARTH

At St Cecilia's we have a wonderful tradition of providing parents and carers with an opportunity to take time for themselves through meditation, discussion and companionship. Save the date for the next mornings in our meditation series... **Thursday 8 August + Thursday 31 October**. Stay tuned for details in next week's newsletter

In Omnibus Glorificetur Deus
In all things may God be Glorified.

F Taylor

Fran Taylor
Principal

Religious Education



FIRST COMMUNION

Congratulations to all those students who made their First Holy Communion last weekend. We pray for the students who are still to make to make their First Communion.

THANK YOU FATHER JOHN

On Thursday last week Father John visited our Kindergarten students. During his visit he spoke to the students about the New and Old Testaments from the Bible. He read his favourite Bible story with them called, "Jesus and the little children." The Kindergarten students were also able to share their understanding of the bible and their favourite stories with Father John. The Kindergarten students are grateful to Father John for sharing his wisdom and enthusiasm with them. They are hoping that he'll come back again soon to visit them.



GOOD SAM DAY

We celebrated Good Sam Day yesterday. The theme for the day was, "*There's something wrong day.*" The students came with crazy wigs, crazy socks and different looking uniforms. It was wonderful to see everyone getting involved. A special thank you to our Liturgy Captains and SRC members who helped to coordinate the day.

Many thanks for your generosity. We raised **\$390.20** for the Good Samaritan Foundation. The funds will be given to Catherine Cresswell who is the Executive Director of the Good Samaritan Foundation on Wednesday 3 July when we have our Prayer and Core Value Assembly.



WEDNESDAY PARISH MASS

On Wednesday 3 July 1W will attend the Parish Mass. Everyone is welcome to join the community for Mass.

PRAYER & CORE VALUE ASSEMBLY

Our next Prayer and Core Value Assembly will be held on **Wednesday 3 July**. The students from **Stage 3** will be leading us in prayer. It will commence at 2.30pm in the church.

We will have a guest speaker at the assembly. Our guest speaker is Catherine Cresswell, Executive Director of the Good Samaritan Foundation. Everyone is welcome to attend.



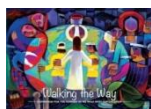
FEAST OF THE MOST SACRED HEART OF JESUS

On Friday 28 June we will be celebrating the Feast of the Most Sacred Heart of Jesus. The Mass will commence at 9.15am. Everyone is warmly welcome to attend.

'FAMILIES COME GATHER' MASSES

Our next 'Families Come Gather' Mass will be on **Sunday 25 August** and will involve **Year 2** families. Year 2 families will receive information at the beginning of August regarding this Mass.

WALKING THE WAY



Walking the Way is a school-based initiative in the Catholic Diocese of Broken Bay, designed to encourage parents in their sacred task of accompanying their children on their journey with God. There are four elements: Book & video / E-

Bulletin / Parent gatherings / Annual retreat. Click here to view

<http://walkingtheway.dbbcsa.org/archive-2019-year-c.html>

God bless,

Tanya Fitzpatrick, Religious Education Coordinator



School News

WEEKLY AWARDS

We congratulate this week's Awards' recipients.



Week 8	Justice Core Value	Merits
KB	Rafferty R	Billy K and Luke A
KW	Dylan H	Max M and Ola W
1B:	Matthew D	Miranda C and Beau R
1W:	Grace H	Austin B and Zander E
2B:	Madeleine A	Cassidy M and Joshua M
2W:	Maxwell A	Emily G and Rebecca W
3B:	James P	Cherry-Rose S and Joshua S
3W:	Mieka M	Caiden M and Emily K
Yr 4	William P and Charlie M	Lillian W, Konrad B, Yasmina H and Hugo W
Yr 5/6	Eva T and Ainsley B	Amalia C, Billie O and Amelie R

UPCOMING DATES

June

Thurs 27th Yrs 3-6 Basketball Clinics

Fri 28th 9.15am Feast of the most Sacred Heart of Jesus

July

Mon 1st Athletics Carnival at Narrabeen

Tues 2nd Stage 2 League / Eagle Tag Gala Day

Wed 3rd 2.30pm Prayer Assembly / Core Value Awards – Stage 3

Thurs 4th Stage 3 League / Eagle Tag Gala Day

Fri 5th Lunchtime Music Festival
End Term 2

Mon 22nd Staff Development Day – pupil free

Tues 23rd Students return for Term 3

Fri 26th

Safety with Dogs talk

Mon 29th

2.30pm Prayer Assembly 4B

August

Fri 2nd

4.30pm School Disco

Tues 6th

Learning Together Playgroup

Thurs 8th

Heaven on Earth

Fri 9th

Gala video day

Mon 12th

2.30pm Prayer Assembly KW

Thurs 15th

9.25am Feast of the Assumption

Mon 19th

Life Education commences

Thurs 22nd

Northern Beaches Athletics Carnival

Fri 23rd

Book Fair

9.15am Grandparents/Grand friends

Liturgy

ST CECILIA'S LUNCHTIME CONCERT!

The Evergreen St Cecilia's musicians are going to be playing some music in the playground for an extended lunchtime on the last day of school (Friday 5 July).

Everyone is invited to come along to listen. It will be a very relaxed vibe but a good chance for the musicians to engage with an audience.

There will be musical performances by the keyboard, guitar and percussion groups who practice music every Friday morning.

NEWS FROM THE OFFICE

Confirming Fran's news above that I will be going on long service leave for the first 2 weeks of Term 3. Mrs Denise Sprakel will be in the office in the first week and Mrs Jenny Saggus will cover for me in week 2. Mrs Bev Butler will also be in for her normal days on Monday and Wednesday. I will return fully refreshed on 5 August!

Also a reminder that I am a registered Justice of the Peace if you need any documents or signatures verified.

Sue Walmsley

Student Voice

SOMETHING'S WRONG DAY

This week the school celebrated Good Sam Day. This Good Sam Day's title theme was 'Something's Wrong Day', where we had to either wear the wrong tie, shoes, uniform, a wig, spray paint our hair or wear weird socks. All the students were wearing different things and thoroughly enjoying the day.

Everyone involved in dressing up also brought a gold coin to donate to The Good Samaritan Sisters. The Good Samaritan Sisters are the nuns who set up our school and without them we would not have the school we have now.

The S.R.C. representatives decided to invite one of the sisters from the Order to our school next week. This is where we will also announce how much money we raised. Overall the day was extremely fun, beneficial in so many ways and, of course, very wrong! We hope The Good Samaritan Sisters like our donations.

Maddie and Milla



Parent Network News

PARENT INFORMATION GUIDE: Click [here](#) for the 2019 booklet.

PRESIDENT'S MESSAGE

Sustainable Schools Community Project Environment Committee

Are you passionate about the environment? As you heard at the Term 2 P&F meeting, we want to focus more as a whole school community on actions we can take to be more sustainable. Please contact Sonia Walsh at soniawalsh@bigpond.com if you want to get involved.

VOLUNTEER CORNER

Thank You

Thanks to all the parents who have volunteered their time and energy to our Social Justice initiatives over the last two terms: Meals on Wheels, GIFT Cook-offs, the Asylum Seekers Hamper Appeal and Millie Smith Uniform Shop. We are grateful for your generosity, from the Parent Social Justice Team.

Next GIFT COOK-OFF: Year 3, Monday 29 July 6-9pm

Thanks to the Kindy parents who volunteered for the last cook-off. Our next one is for Year 3 on MONDAY 29 JUNE at 6-9pm in the Parish Kitchen at St Kieran's Manly Vale. Please sign up here to volunteer... <https://www.signupgenius.com/go/30e0949aaa2ca6f94-gift>



The **roster** can be found through the school website under the School Community/Volunteering tab or click [here](#)

2019 Canteen Menu: click [here](#)

Upcoming Volunteers:

Fri 28 June: **2 Volunteers required**

Wed 3 July: **2 Volunteers required**

Fri 5 July: **2 Volunteers required**

TENNIS IN TERM 3 2019

- Tennis is back in Term3. I've emailed my regulars but there are still a few spots available if anyone wants to join.
- Term 3 Monday, Wednesday and Friday
- 7.45am-8.30am at school. 9 weeks of tennis starting the 2nd week of Term 3.
- All equipment provided
- Hot Shots Tennis

Contact Bryanne Crabb for more information bryannecrabb@gmail.com 0403063013



MINI-PILGRIMAGE

Catholic Schools Office invites parents on a mini-pilgrimage.

Walking the Way

Winter Walkabout: 4 July 9.30am – 2pm

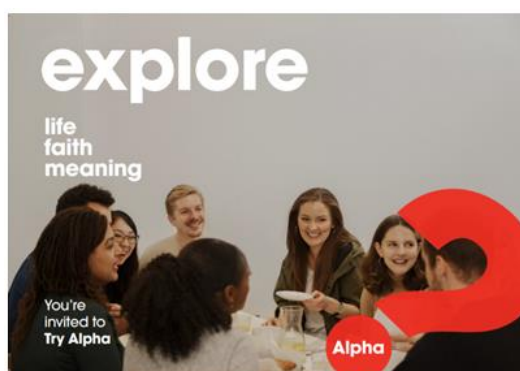
Parents are invited to recharge, physically and spiritually, with a winter walkabout through stunning national parkland on the Central Coast, known for its hiking trails and Aboriginal engravings. We will have an Aboriginal educator as a guide, and our Catholic reflections will be inspired by the land and Australia's first peoples.

Meet 9.30am, Thursday 4 July, at Girrakool Picnic Area. Flexible departure time: 2pm. The day includes guided walk and reflection, sausage sizzle lunch and time for individual quiet time in a bush setting. This is a free event. **Bring your walking shoes and a water bottle.**

Enquiries & RSVP: Jo Spek jo.spek@dbb.catholic.edu.au



Parish News



FREE Morning Tea
Alpha Launch
Friday 5th July 2019 9.15am
North Harbour Parish Centre
2 King Street Manly Vale
For More information contact:
Lea Joris 0418645653
Judith D'Elmaine 0406114879
Parish Office on 99494455
Facebook Page – Catholic Community
of North Harbour Alpha
Registration forms are at the back of the
church or sign up on our Facebook Page
or call us on the above numbers.

Live Life Well @ School
LESS SALT, MORE FLAVOUR!



Use **herbs** and **spices** (fresh or dried) to add flavour to meals *instead* of salt.
The list is endless!
Try basil, oregano, rosemary, paprika, cumin.

Top tips:

Avoid dried herbs labelled 'seasoning' as they contain salt.

Try swapping Mexican taco seasoning for a spice mix of **2 tsp paprika, 2 tsp coriander and 3 tsp cumin**



For recipe inspiration, search 'herbs and spices' at heartfoundation.org.au

 **Health**
Northern Sydney
Local Health District

COUNCIL VACATION CARE

Northern Beaches Council operates a very successful vacation care program for primary school aged children across the whole of the Northern Beaches. In the Winter school holidays we will have centres open at Cromer, Forestville, North Curl Curl and also at Manly Vale Community Centre.

With the July school holidays approaching fast, we have just released the holiday program on our website, with the Winter 2019 brochure containing lots of activities and ideas to keep children occupied. Online bookings will open from next **Monday, 17 June at 7am**. Please see our website for full information: [Northern Beaches Council Vacation Care](#)

inclusive innovative inspiring



Currently interviewing for Year 7 2020 and 2021. Email registrar@stellamaris.nsw.edu.au

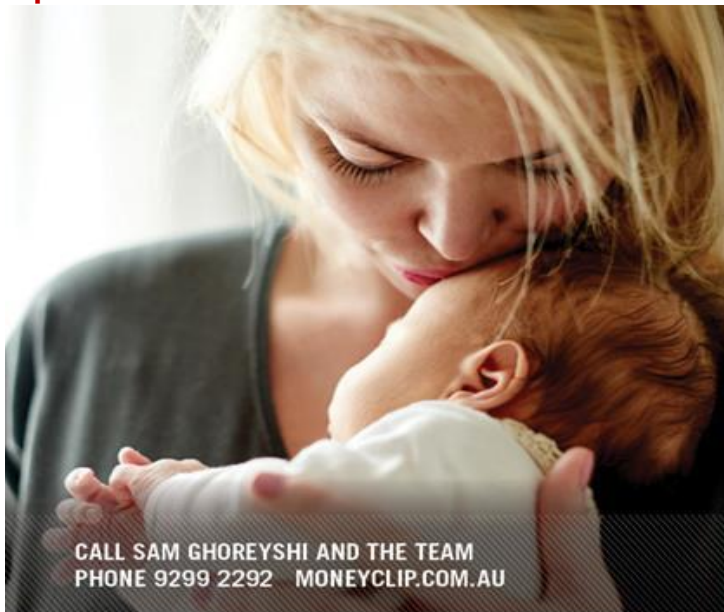
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manlyorthodontics.com.au
Telephone 02 9977 8164 Suite 3, 39 East Espt, Manly NSW 2095 (above Garfish, opp Manly Wharf)
Terms and Conditions: This offer is for parents and children currently enrolled at St Cecilia's. The offer is valid for the 2017/18 financial year.




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