



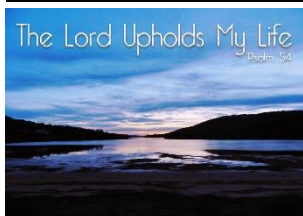
St Cecilia's Catholic School, Balgowlah

59 Seaview Street, Balgowlah 2093
Phone: 9948 3069

Website: www.scbdbb.catholic.edu.au

E-mail: scb@dbb.org.au

Number 31 26 September 2018



School Prayer

At St Cecilia's Catholic School we are committed to learning together within an environment that reflects the Gospel values.

God of Love, Bless our school. Teach us to respect others and your Creation. Encourage us to be our best. Inspire us to treat others the way we want to be treated. Lead us to help people in need. Be with us as we celebrate the many gifts you have given us. St Cecilia, pray for us

Core Value: **Service**

School Rule: *Help others in our school, wider community and the world*

Scripture: *'Be ready for service and keep your lamps burning' Luke 12:35*

Story: *Washing the Disciples Feet: Helping others care for our school environment*

Principal's News

Dear Parents

COME ALIVE !!

The night promised we would come alive and we certainly did.

Again we cannot express how grateful the school community is for your presence and overwhelming generosity at our Gala Dinner last Saturday night. To the Parent Network Executive, the Year 2 parents, our Sponsors and our entire parent body, the children and staff of St Cecilia's are incredibly fortunate to have your support.

A list of our generous sponsors can be found on the SCB Facebook page, please support them whenever you can. Congratulations to Sophie Holbrook who won the 'Principal for the Day' raffle. Principal Sophie will be with us on the Wednesday of week 1 next term.

The money raised last Saturday will ensure the coding lessons can continue and during the October holidays work will commence on a shade structure over the basketball court. The shade structure will not only provide shelter it will hopefully ensure that not as many balls go over the fence.



NIGHT OF THE NOTABLES

Last Wednesday night our year 6 students presented their in-depth research at the Night of the Notables.

The NOTABLE HONOUR BOARD 2018 included

Elizabeth Blackwell, Florence Nightingale, Marie Curie, Laurie Marker, Vida Goldstein, Reshma Saujani, Nadine Gordimer, Irena Sendler, Katherine Johnson, Vincent Van Gogh, Helen Keller, Nancy Wake, Ann Makosinski. It was clear that the students' research was thorough and

purposeful. Each student spoke with confidence and poise as they took on their character for the evening.

POP UP PLAY

Pop Up Play is scheduled for Wednesday 17 October at 9am in the Secret Garden. All parents with toddlers are invited to attend. **Pre-schoolers** enrolled for 2019 who attend Pop Up Play are invited to collect their "St Cecilia's Here I Come" tee-shirt from the school office when they arrive if they haven't already done so.

CORE VALUE AWARDS

"Be ready for service and keep your lamps burning" Luke 12:35

Congratulations to the worthy recipients of our Core Value award for Service.

KB: James C

KW: Sophie W

1B: Fletcher H

1W: Kyra K

2B: Claudia W

2W: Jack B

3B: Josephine B

3W: Annaliese O

Yr 4: Ainsley B

Stage 3: Sophie H

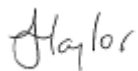
SCHOOL ZONES REMINDER

A reminder to all our parents ahead of the break that school zones operate on all gazetted schools days, which are all days the school is open, even pupil free days.

END OF TERM

Finally I wish all our children a safe and restful holiday break. School breaks up this Friday 28 September. School will resume on Monday 15 October. Children will return in summer uniform.

In Omnibus Glorificetur Deus
In all things may God be Glorified.



Fran Taylor
Principal

Religious Education

'FAMILIES COME GATHER' MASSES

Remaining Families Come Gather Masses for 2018:

- 28 October—Kindergarten
- 25 November—Year 1 & Kindergarten 2019

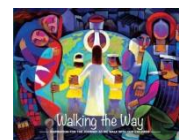
Further information will be sent to Kindergarten families at the beginning of October.

CATHOLIC WORLD VIEW PHOTO COMPETITION

There are four categories: places, animals, people and nature. The competition closes Friday 26 October. For information click [here](#).

WALKING THE WAY

Walking the Way is a school-based initiative in the Catholic Diocese of Broken Bay, designed to encourage parents in their sacred task of accompanying their children on their journey with God. There are four elements: Book & video / E-Bulletin / Parent gatherings / Annual retreat. Click here to view <http://walkingtheway.dbbcsso.org/archive-2018-year-b.html>.



School News

WEEKLY AWARDS

We congratulate this week's Awards' recipients.



Week 9	Merits
KB:	Jacob P and Georgia G
KW:	Hugo R and Matthew D
Yr 1B:	Beck M and Zoe H
Yr 1W:	Elsie M and Joshua B
Yr 2B:	Luisa A and Finlay D
Yr 2W:	Xanthe P and Frankie L
Yr 3:	Samuel K, Annabel S, James S, Giles W
Yr 4:	Barclay S and Riley M
Yr 5/6	Ruby S, Isabella S and Charlize I

ENROLLING NOW FOR 2019

Enrolments for Kindergarten 2019 are now open.

VACATION CARE

Northern Beaches Council Vacation Care brochures are now available in reception or go to their website: [Northern Beaches Council Vacation Care](#)

UPCOMING DATES

September

Thurs 27th Stage 3 Gala Day Netball/Cricket/AFL
Fri 28th End Term 3

October

Mon 15th Term 4 Commences
Wed 17th 9 – 10.15am Pop Up Play
Thurs 18th Mission Mass

Mon 22nd 2.30pm Prayer Assembly – Stage 3

Wed 24th Stage 3 Camp 24th – 26th

Thurs 25th Northern Beaches Debating #1

Wed 31st 9am Kinder 2019 Transition

November

Thurs 1st Northern Beaches Debating #2

Mon 5th 2.30pm Prayer Assembly 2W

7pm P&F Exec meeting
Thurs 8th Northern Beaches Debating #3
Fri 9th 9-10.15am Pop Up Play
Tues 13th School Advisory Committee meeting

Wed 14th Kinder 2019 Transition
Thurs 15th Northern Beaches Debating #4
Mon 19th Prayer Assembly KB
Tues 20th 7pm P&F AGM

YOGA – TERM 4

Yoga and Mindfulness classes are continuing for Term 4! PLEASE NOTE the time change to 8:00am Monday mornings. I will be there from 7:40am setting up, if you need to drop the children early.

Does your child suffer from anxiety or stress? Do they have difficulties regulating their emotions or controlling their moods? Maybe they have problems with their focus and concentration? Or maybe they just need to move their body more?

Yoga, mindfulness and relaxation has been proven to have huge positive benefits for children. It teaches children to: connect with themselves, enhance their self awareness, encourage positive interactions with other children and have fun in a playful learning environment. Our classes focus on movement, poses, yoga games, partner poses, mindfulness activities, breath awareness techniques and relaxation.

When: Monday morning Time: 8:00am - 8:45am (45minutes) Price: \$120 Dates: Commencing in week 2 - 9 (8 weeks)

PLEASE BOOK by emailing: connect@theheartofliving.com.au, visit the website: www.theheartofliving.com.au or call 0421552212

(please note ** Be HAPPY Yoga has rebranded to The Heart of Living)

Payment is due prior to Term 4 commencing and also confirms placement for children. There are limited spaces in the class so be sure to secure your child's placement.

TENNIS – TERM 4

Hot Shot Tennis with High Performance Tennis Coach Bryanne Crabb is back again for Term 4. Get the kids back into tennis for the summer. NEW SESSION ON WEDNESDAY MORNING this term and I have a couple of spots available on Monday and Friday mornings. Sessions are from 7.45am to 8.30am, with racquets/equipment provided. Please email Bryanne direct with any questions and what day you would prefer at bryannecrabb@gmail.com.

CHESS – TERM 4

To enrol your child in Term 4 Chess with the Sydney Academy of Chess please click on the [link](#).

Student Voice

Night of the Notables was a fun and enjoyable experience for all the participants and the people who came and supported us. We thought that it was a great learning experience. The program and how it was set up made everything come to life.

Night of the Notables started at the end of Term 2 and we started researching about different Notables that made a difference to humanity and the world.

We had to be creative as the night approached because we had to think about our notable and how best to represent them.

Overall, we would happily take part in the program all over again and we hope that the next participants will enjoy it as much as we did!

Charli & Emma



Parent Network News

2018 FUNDRAISING GALA

We hope you all enjoyed yourselves on Saturday night at the Fundraising Gala. Our school community definitely “Came Alive” in raising funds for our children. More to come on that!

A HUGE THANK YOU to all of the Year 2 parents who so successfully brought all of us together for a joyous evening. Particularly, we'd like to thank:

Sophie Burton and Bernie Casey – our tireless leaders; Katharine Cook – for coordinating the beautiful artwork; Jodi Castellan and Jodi Sampson – for marketing and communications; Jo Trube – for putting her hand up for everything!;

Fran Bartlam – for prize sourcing; Yvette Wyeth – for video production and decorations; Gill Hopkins – for Gala Bid; and finally Nadine Meehan for sponsorship!

PARENT INFORMATION GUIDE 2018

Click [here](#) for the 2018 booklet.



The roster can be found through the school website under the School Community/Volunteering tab or click [here](#).

Upcoming Roster

Fri 28 Sept: Louise Gilmartin and Katie Jenks

Parish News



FAMILY COLOUR FUN RUN SUNDAY 21 OCTOBER 2PM – 4PM AT ST AUGUSTINE'S COLLEGE OVAL

The Parish Centre is now 20 years old and needs refurbishment including new flooring, painting, new carpets and bathroom renovations. We need the support of the North Harbour Community to help fund this refurbishment and a series of fundraising initiatives are planned over coming months including a Family Colour Fun Run.

Our **Parish Family Colour Fun Run** registration information and fundraising booklets were linked in last week's newsletter and hardcopies are available from the school office. **Parish registration** for the run is by way of Trybooking at www.trybooking.com/405151 children can also run their **own fund-raising** to win prizes, and parents can register the children at www.schoolfundraising.com.au student sign up.

The day will be an enjoyable day for all the family and at the same time we will be raising much needed funds for our parish community centre. Please contact Janette at sacraments@northharbourcatholic.org.au or 0408 866 521 for further information or if you can assist in any way.

Registration Flyer, Parent Letter and Sponsorship Booklet can also be collected from the back of the Church

Janette Davidson, Family and Sacramental Minister, Catholic Community of North Harbour

NEW CHILDREN'S LITURGY OF THE WORD (CLOW) CO-ORDINATOR NEEDED FOR NORTH HARBOUR PARISH

I have really enjoyed co-ordinating and being involved with children's liturgy for many years now. I remember starting children's liturgy when my first daughter, Sarah was in Kindergarten at St Kieran's school and Sarah is now 23 years old so we're looking at over 18 years. I can't even remember when I took on the role as co-ordinator but it probably was a couple of years after starting as a volunteer. I can truly say that Children's Liturgy together with being a Catechist is the most satisfying and rewarding ministries that I have been a part of. However, I feel that it is time for me to step down as co-ordinator and a volunteer of children's liturgy and for someone else to take on this very satisfying and rewarding role.

I am looking for someone to take on this role beginning in Term 4 of this year, Monday, 15 October. You may even wish to share this role with a friend or two.

So you may ask what's involved in being co-ordinator of children's liturgy? Here are some points:

- At the beginning of the year a roster for St Cecilia's and St Kieran's is put together.
- Each week on Mondays or Tuesdays resources (readings, prayers of the faithful and activity sheets) are put together and delivered to the persons who are rostered on for that week. Most of the resources are already photocopied and filed in folders and it's only the occasional week that you need to photocopy from scratch.
- You liaise with the volunteers of both St Cecilia's and St Kieran's churches.

If you think this is something you can take on or would simply like more information about what is involved in being a co-ordinator, please feel free to call me anytime and I would be more than happy to have a chat and meet up with you.

Adriana Bowyer, 0402 099 746, albowyer@bigpond.com

LORETO KIRRIBILLI OLD BOYS DINNER

During Loreto Kirribilli's 110yr Anniversary Celebrations we are rounding up all our Old Boys for a fabulous reunion dinner with guest speakers - Old Boy, Dr John Darcy AM and Loreto parent, John Eales. If you attended Loreto or know old boys who did, could you please spread the word and share this [invitation](#) with them as we reach out to 'lost old boys'.

MARIST COLLEGE NORTH SHORE

Marist College North Shore has educated many of your past students and we would like to inform families in your school community that Marist College North Shore (Marist Catholic College) will be Co-Educational commencing Year 7 2021. The community are being [invited](#) invited to an open afternoon on Wednesday 17 October 4.00-5.30pm.

5 TOP TIPS

Dr Kristy Goodwin



Did you miss the recent free talk with Dr Kristy Goodwin?

1. **Parents need to be pilots of the digital plane** (not the passenger): our kids need guidance and direction about how to navigate the Digital world – we must take an active role as parents.
2. **Keep devices out of bedrooms:** research is confirming the digital devices in bedrooms delay the onset & quality of sleep plus there are safety concerns with devices not in common areas.
3. **Balance kids screen time and green time:** kids still need outdoor unstructured play, as natural sunlight may help to prevent myopia (misogynist) and is essential for brain function.
4. **Focus on more than simply how much screen time kids are accumulating:** Also consider *what, when, where, with whom and how much* screens are being used, as time is only one aspect.
5. **Be mindful of our own digital habits** – kids are literally wired to imitate. As parents we need to be mindful of how they using digital devices, as parental digital destruction has resulted in increasing rates of childhood playground injuries and is changing child parent interactions.

Read More: www.brokenbayparentcouncil.com

Broken Bay Catholic School Parents

St Paul's Catholic College, Manly

Trivia Night

Saturday 27th October 2018
The Waterford Hall, Darley Road, Manly
6.30pm (for a 7pm start) till late

**Grab your flannel shirt, gumboots and a table full of mates
and come along to help support the families in the
Wilcannia Forbes Diocese**

\$20 per person
10 People Per Table,
BYO Food and Drink
Fun, Friends and a fabulous night to be had
Tickets available via Qkr
**(please note your preferred seating company, otherwise we are
happy to mix and match)**

Prizes for best dressed, best table dressing,
Games
Trivia
Silent & Live Auctions

**Funds raised from the night will help sponsor events which Catholic Care
organise in the local towns by holding movie nights and supplying dinner
for families that need a night out.**

**This is a fabulous opportunity to give back to our wider community while
bringing our own together.**

**If you are unable to attend the night, but would like to still contribute, we
are looking for items for our silent Auction**



Contact Michal Brenchley
0433 086 026
stpaulsmanlyparentsandfriends@gmail.com

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For the second year running Dr Anel Bilgic is happy to support the St Cecilia's Primary Catholic School community. Manly Orthodontics is a boutique orthodontic practice that provides comprehensive Orthodontic care for patients of all ages ranging from traditional braces, to more aesthetic appliances such as Invisalign. The practice has a strong focus on clinical excellence and patient experience and each patient is treated by a Specialist Orthodontist from start to finish.

Anel is very approachable and is always happy to answer any questions or concerns regarding early orthodontic treatment. If your child is not ready to start orthodontic treatment, they will receive periodic reviews (at no charge) to monitor their dental development. This will allow your child to get to know the practice and ensure that treatment is carried out at the correct time.

manlyorthodontics.com.au

Telephone 02 9977 8164 Suite 3, 39 East Espl, Manly NSW 2095 (above Garfish, opp Manly Wharf)

Terms and Conditions: This offer is for parents and children currently enrolled at St Cecilia's. The offer is valid for the 2016/2017 financial year.



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