



Celebrating 90 years

St Cecilia's Catholic School, Balgowlah

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School Prayer

At St Cecilia's Catholic School we are committed to learning together within an environment that reflects the Gospel values. God of Love, Bless our school. Teach us to respect others and your Creation. Encourage us to be our best. Inspire us to treat others the way we want to be treated. Lead us to help people in need. Be with us as we celebrate the many gifts you have given us. St Cecilia, pray for us

Core Value: *Respect*

School Rule: Respect yourself, others and the environment

Scripture: Each one of you is part of the body of Christ and you were chosen to live together in peace: Colossians 3:15

Story: The Ten Commandments: All rubbish in the bin

Principal's News



ST CECILIA'S CATHOLIC SCHOOL

ENROLLING NOW FOR 2020

DISCOVER WHAT A CATHOLIC EDUCATION CAN OFFER YOUR CHILD.

A rigorous curriculum underpinned with the Catholic values of Respect, Service, Justice, Hope and Celebration.

School tours can be arranged by appointment.

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TEL 02 9948 5370 EMAIL scb@dbb.catholic.edu.au

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Lenten insights

"I believe nothing can happen that will outweigh the supreme advantage of knowing Jesus Christ my Lord."

What do you think? Is Saint Paul's statement rose-coloured glass optimism or audacious Christian hope? Do we have the courage to teach our children to look for the good even amidst suffering, to seek Christ's light even when the world seems dark, to respond with compassion even when others judge us? These are big questions, especially in the face of personal heartache and terrible world events like the Christchurch shooting. Scroll down for some hope-filled responses and useful links.

Sr Hildegard's Lectio Sr Hildegard's Lectio Reflection

Dear Parents

ENROLLING NOW FOR 2020

Enrolments for 2020 are now open. If you have a young child ready to start school in 2020 it is important to collect an enrolment package from the office and return it at your earliest convenience. Be sure to spread the word to family and friends, we conduct tours every Wednesday at 10:30am through until the end of May. No need to book an appointment.

CONGRATULATIONS

Congratulations to Liam M who last Wednesday competed at the Polding Swimming Trials for our Broken Bay team. Liam came second in his race. He now joins the Polding team which represents all Catholic schools in NSW, at the PSSA Swimming Championships. Congratulations also to Charlie M who has made it into the Polding team for AFL.



EASTER LITURGY, CROSS COUNTRY AND PICNIC

We traditionally hold our cross country trials on the last day of term which co-insides with our Easter Liturgy. This year the last day of term falls on Friday 12 April.

Easter celebrations in the church will begin at 9:30am when all classes will be involved in following the footsteps of Christ during Holy Week up until the crucifixion. We will celebrate the Resurrection early next term on Wednesday 1 May at 2:30pm. All parents are invited to attend both liturgies. The liturgies are very moving and the children put a lot of preparation into the events.

Following our Easter Liturgy on 12 April will be our St Cecilia's School Cross Country event at North Harbour Reserve. All students from K to 6 participate on the day.

The younger children play ball games while students 8 years and over are asked to nominate if they wish to be considered for selection to compete for St Cecilia's at the Northern Beaches Cross Country Trials.

8, 9 and 10 year olds must run/jog 2km to qualify and 11 and 12 year olds must run/jog 3km to qualify. The first six boys and six girls to complete the circuit in each age group will be selected to represent the school at the Northern Beaches Cross Country Trials. Permission notes and entry forms are all online. Instructions on how to access the online forms were emailed out last week. If you haven't already completed the online forms please do so. **Every child K to 6 needs to be registered.**

The proposed timetable for the day is:

- 11:00am Depart for Reserve - students walk to North Harbour Reserve with their teachers
- 11:30am All students walk the cross country course-around the reserve!
- 11:45am Cross Country Races commence and Infants begin Games
- 1.00pm Lunch, Parents are very welcome
- 1:45pm Depart Reserve, children may be collected from the Reserve by their parents to begin their holiday break or they will return to school with their teachers for their usual going home procedure.

Please Note: For children returning to school with their teacher we have booked **one** bus. As you can appreciate there are limited spaces on the bus and once they are filled the remaining children will walk back to school. It is also important to note that **dogs at any school event are not permitted.**



SUSTAINABILITY AND THE WAR ON WASTE

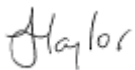
Last year Mrs Cunningham, Sonia Walsh, the SRC and the environment captains led a war on waste. They tipped out our bins to show the rubbish collected in 1 day. Students were dismayed by the amount of good food going to waste and realised that 8 bins of rubbish can actually be reduced to a third of a garbage bag a day if they are mindful of our waste. This exercise led to a real reduction in the waste produced by our school. But our Environment captains rightly believe we have a long way to go. We will continue with bin free Thursday, but need your support with sustainable lunch boxes. Please keep having conversations with your children about our responsibility to ensure sustainability for the future.

TERM 1 HOLIDAY BREAK

With the holiday break looming the staff will remind the children of Protective Behaviours strategies. How to stay safe around strangers and even people we know. Teachers will also remind children of road safety.

School closes on 12 April for a 2 week term break. Classes resume on Monday 29 April. I am taking Long Service Leave next week. If there are any concerns please email the office and Sue will pass them onto Stephanie Harding who is back full time. In the meantime I wish you all a safe holiday break and a Happy Easter.

In Omnibus Glorificetur Deus
In all things may God be Glorified.



Fran Taylor
Principal

Religious Education

YEAR 3: LENT TO EASTER MODULE

In this module students will explore the themes of Lent and Easter in a creative and integrated way. Through participation and involvement in the module as well as in whole school Lent and Easter activities and celebrations the students will explore how Jesus reached out to others through his relationships, actions, feelings, healing, lifestyle and word.



Further, students will recall the events of Holy Thursday and Good Friday, as well as exploring the Easter Vigil ceremony and will gain an awareness of the stories, actions and symbols of Lent and

Easter. Through participating in the Church's re-enactment of these events the students will become acutely aware of the intense, all consuming love that Jesus had for the Father and reflect on how and why Catholics are called to remember and celebrate Jesus' Passover from death to new life each time Eucharist is celebrated.

Finally, students will find that by exploring the gospel accounts of Jesus' Resurrection they will be able to relate the Resurrection to their own experiences of 'new life' and in turn, how this is related to the Church's celebration of the mystery of Jesus' dying and rising in the liturgies of Holy Week and the Easter season. In particular students will study John's joyful recount of Jesus' appearance to the disciples and the command he gives to them to go out into the world to spread his Father's peace.

FIRST RECONCILIATION

Congratulations to our Year 3 students and their families on making their First Reconciliation. We pray that they continue their Catholic Faith through being people of peace and through spreading joy to others.



PRAYER AND CORE VALUE ASSEMBLY

Our next Prayer and Core Value Assembly will be led by 2W on **Monday 8 April**. Students receiving the Core Value Award for Respect will be acknowledged at this assembly.

WEDNESDAY PARISH MASS

Year **1B** will participate in Parish Mass on Wednesday **3 April**. All parents are welcome to join us. Information about classes participating in the Parish Mass will be given next term.

HOLY WEEK LITURGY- Friday 12 April

All parents and grandparents are welcome to attend our whole school re-enactment of Holy Week. The re-enactment will commence at 9.30am in the Church. Please remember that our time in Church is one that is reverent. We would appreciate it if all members of the community could refrain from speaking during liturgies and Masses.

ANZAC DAY LITURGY

On Monday 29 April at 2.30pm Year 3 will be leading the school in an ANZAC Day Liturgy. All are welcome to join us.

RESURRECTION LITURGY

On Wednesday 1 May at 2.30pm Stage 3 students will be leading the school in a liturgy to celebrate the resurrection of Jesus. All members of the community are welcome to join us.

'FAMILIES COME GATHER' MASSES

Our next **Families Come Gather** Mass will be **Sunday 26 May**. **Year 3** students and their families will be involved in this Mass. Information regarding the Mass will be sent out to families early next term.

CELEBRATING LENT

Here are some more suggestions for putting Lent into practice at home and deepen your family's faith one day at a time:

Day 21: Make time to play a board game or card game popular with your family. Afterwards thank God for the gift of family

Day 22: Our world for many is full of pain and turmoil; pray as a family that others will experience the peace and contentment that your family enjoy.

Day 23: Read the gospel readings for next Sunday. Think about them and discuss them as a family.

Day 24: Don't be a party to gossip today at school, at work, in the neighbourhood, at home. Don't participate in malicious talk about others

Day 25: Invite someone active in your parish to dinner and talk about their activities. Consider how your family can offer time and talent for the good of the community.



SOCIAL JUSTICE: PROJECT COMPASSION

Throughout Lent, students are encouraged to continue to donate to **Project Compassion**. Our Social Justice leaders are completing a weekly tally to track the school's fundraising progress. Money raised will contribute to the many wonderful programs supported by Caritas

<http://www.caritas.org.au/projectcompassion>

WALKING THE WAY



Walking the Way is a school-based initiative in the Catholic Diocese of Broken Bay, designed to encourage parents in their sacred task of accompanying their children on their journey with God. There are four elements: Book & video / E-Bulletin / Parent gatherings / Annual retreat. Click here to view

<http://walkingtheway.dbbcs.org/archive-2019-year-c.html>

WEEKLY AWARDS

We congratulate this week's Awards' recipients.



Week 9	Respect Core Value	Merits
KB:	Georgia W	Xavier L and Harriet B
KW	Mimi W	Sebastian C and Sadie H
1B:	Mia O	Cassius B and Lewis W
1W:	Grace H	Austin B and Darcy G
2B:	Sienna L	Madeleine A and Cassidy M
2W:	Josh B	Liam H and Lucas C
3B:	Eleanor M	Thomas C and Chloe T
3W:	Claudia W	Xanthe P and Liam M
Yr 4	Harper F and Brigid T	Henry M, Elizabeth C, Marnie W and William P
Yr 5/6	Amalia C and Milly R	Ainsley B, Amelie D and Emma M

UPCOMING DATES

April			
Mon 8 th	2.30pm Prayer/Core Value Assembly 2W	Mon 6 th	Parent/Teacher interviews this week for Kindergarten
Tues 9 th	Stage 2 Soccer Gala Day		2.30pm Prayer Assembly – 3W
Thurs 11 th	Stage 3 Soccer Gala Day	Tues 7 th	9am Pop up Play
	6.30pm Drama evening	Wed 8 th	Northern Beaches Cross Country
Fri 12 th	9.30am Holy Week Liturgy	Thurs 9 th	9am Heaven on Earth
	11.30am Cross Country	Fri 10 th	P&F Trivia Night
	End Term 1	Mon 13 th	Mother's Monday
Mon 29 th	Term 2 Commences		Full Winter uniform
	2.30pm ANZAC Day Liturgy	14 th -16 th	NAPLAN Year 3 and 5
May			
Wed 1 st	2.30pm Resurrection Liturgy		

SCHOOL UNIFORM – WINTER CHANGEOVER

Students may return to school in Term 2 in either full summer or full winter uniform, not a mixture of both. All students are to be in full winter uniform by Monday 13 May.

GALA SHIRTS

If you have any unused school gala shirts at home please consider donating them back to the school as soon as possible for use at the upcoming gala days.

Student Voice

FUTURE PROBLEM SOLVING

This week Stage 3 started Future Problem Solving (FPS). First, everyone got into collaborative learning groups and went through the scenario. We identified unknown words and highlighted all the things we thought could be a problem. In FPS we have to use our creative and critical thinking to create problems and solve them. We always have plenary breaks in between problem solving and come back together as a class and discuss the problems we came up with. Everyone learns off each other and their ideas. It is a great way to share our understanding and new learning. We believe that participation in FPS is engaging and fun for all Stage 3 students. Although it is extremely difficult, we have learnt a range of skills and strategies to solve problems of the future.

Milla C & Sophie H



Parent Network News

PARENT INFORMATION GUIDE: Click [here](#) for the 2019 booklet.

PARENT NETWORK MINUTES: Click [here](#) for Term 1 2019 minutes.

PRESIDENT'S MESSAGE

Hi Parents!

I hope you are all having a fantastic week!

Just a few reminders from me.

First, if you haven't yet, please consider donating to the Class Kitty. The Class Kitty is \$20 donation per student and goes directly into a fund for your year. It allows the class parent to coordinate gifts on behalf of other parents as it pertains to families in the class or teachers. This voluntary donation can be done via QKR.

Next, thank you to all of the parents who have volunteered this term - for the Canteen, GIFT Cook-Off, Meals on Wheels and several events. Your contributions are appreciated! Looking forward to a successful remainder of the year with such giving parents and carers.

Lastly, thanks to everyone who attended the Parish Colour Run on the weekend. It was a very successful event, with more than 150 people in attendance. Your support for the Parish is appreciated and will be reflected in an updated community centre at St Kieran's.

Volunteer for Meals on Wheels

St Cecilia's assists our local Meals on Wheels program each Monday morning. It involves driving and accompanying the Year 5/6 students to deliver meals to recipients in our local area. It generally takes only 1.5 hours (11.40am - 1.10pm). **We encourage you to sign up and support this social justice initiative.** <https://www.signupgenius.com/go/30e0949aaae2ca6f94-meals1>

Millie Smith Pre-loved Uniform Shop

Thank you to everyone who donated their pre loved uniforms to the Millie Smith Uniform shop. We are stocked up and ready to sell! All donations via QKR are given to charities chosen by the Social Justice committee at St Cecilia's.

The next shop open day is FRIDAY 24 May.

Payments via QKR! Access to the shop at other times via the school office.

Sign up to volunteer to open and manage the shop from 2:30pm to 3:30pm on a Friday.

<https://www.signupgenius.com/go/30e0949aaae2ca6f94-mille>

Volunteer for GIFT Cook-offs

GIFT (Giving in Faith Together) organises fortnightly cook-offs to provide meals for families in need in our community. Year groups from schools in our parish come together at different times, see below. Ingredients are ordered and delivered to the kitchen beforehand and meals are frozen for collection/distribution at a later date. **Please volunteer for this important social justice initiative.**

Year 1: Tuesday 7 May (Coordinator Christine Boys)

Kindy: Monday 17 June (Coordinator TBC**)

Year 3: Monday 29 July (Coordinator Gillian Hopkins)

Teachers: Monday 26 August (Coordinator TBC)

Years 5-6: Monday 14 October (Coordinators: Katharine Cook, Annette Paddison)

Year 4: Monday 11 November (Coordinator Sonia Walsh)

Cook-offs are held on Mondays at 6-9pm in the Parish Kitchen at St Kieran's Manly Vale. Please sign up here to volunteer in your year group time slot... <https://www.signupgenius.com/go/30e0949aaae2ca6f94-gift>

****If you're interested in being a Coordinator for the Kindy class year group, please contact our GIFT Coordinator Evelyn on robevelyn@tpg.com.au**



The roster can be found through the school website under the School Community/Volunteering tab or click [here](#)

2019 Canteen Menu: click [here](#)

Upcoming Volunteers:

Friday 5 April: Rebecca Hill and Lisa Thorpe-Apps

Monday 8 April: Akosita Brown and Rachel Keeling

Wednesday 10 April: Mark Hassan and Nadine Meehan

Friday 12 April: Akosita Brown and **1 Volunteer required**

PARISH FAMILY COLOUR FUN RUN

Thanks to all parents from both St Kieran's and St Cecilia's schools who helped contribute to the great success of our Family Colour Fun Run which was held at St Augustine's College Oval last Sunday.

We were blessed with a beautiful day and about 160 participants (parents and children) registered for the run.



Thanks to both our principals for their support in promoting the event and their assistance on the day. Thanks to the members of the P&F at both schools for organising support and equipment and assisting at the run. Members of the parish team, the Parish Pastoral Council and Men's Ministry (including dads from both schools) for their support in Registrations and the BBQ. The Bush Fire Brigade for hosing down the children and St Augustine's College for the use of the College and providing us with practical items needed.

Thank you to all the parents and children who participated in the run and to the children who raised additional funds. We will know how much was raised in about two weeks. Parents of children who did fundraise are reminded they will need to claim their prizes via their Everyday Hero link.

The Parish Family Colour Fun Run presented a great opportunity for families from both our parish schools to come together for a fun filled community family day.

Regards

Janette

FIRST HOLY COMMUNION

The sacramental journey continues for the children (who have completed the Sacraments of Confirmation and Reconciliation in Year 3 and older) and their families next term as the children will prepare for and receive the Sacrament of First Holy Communion.

Parent Information Meetings will be held the third week of Term 2 on either **Tuesday 14 May at 9.30am OR Wednesday 15 May at 7.00pm both in St Kieran's Church.**

2019 – 2020 SACRAMENTAL PROGRAM FOR CHILDREN IN YR 2 (AND OLDER) – KEY DATES

Parents of children in Year 2 (and older) who wish to participate in the 2019/2020 program are reminded that the program will commence the second week of Term 2 with a **Sacramental Program Information Meeting for Parents on either Tuesday 7 May at 9.30am OR Wednesday 8 May at 7.00pm in St Kieran's Church.**

Information presented at this session will include what parents need to know to accompany their children on their sacramental journey.

Enrolment for Sacramental Program on **Tuesday 21 June between 9.00am and 10.00am OR 6.00pm and 7.00pm in the St Kieran's Parish Community Centre.** All documentation including Registration Form to be handed in and family preparation groups finalised.

Confirmation Parent Information Meeting on either **Tuesday 18 June at 9.30am OR Wednesday 19 June at 7.00pm in St Kieran's Church.**

All documentation including the Program, Photo Card and Registration Form can be downloaded from the parish website at <http://www.northharbourcatholic.org.au/sacraments/sacramental-program/for-parents> and from the back of both Churches.

Please contact Janette Davidson on 0408 866 521 or at sacraments@northharbourcatholic.org.au if you have any questions about the programs.

VACATION CARE

Brochures for Northern Beaches Council Vacation Care are available from the school office or online at [program](#) on the council website. Any enquiries contact [Northern Beaches Council Vacation Care](#)

Live Life Well @ School

LET'S SKIP TO IT!

Skipping is a fun way to improve cardiovascular fitness, balance coordination and muscle tone.

Get Skipping!

- **Practice** a walking skip by moving arms over the head before attempting to step or jump over the rope
- **Skip** through a hoola hoop
- **Play** fun music and skip in time to the beat
- **Get involved** in Jump Rope for Heart!



Skipping rope teaching cues:

1. Head and shoulders held level and straight
2. Arms held at 90 degrees with elbows close to the body
3. Move wrists in a circular action to turn the rope
4. Slight knee bend

For more ideas:
Search 'Jump Rope' at
www.heartfoundation.org.au



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Terms and Conditions: 1. This offer is for parents and children currently enrolled at St Cecilia's. 2. The offer is valid for the 2018/2019 financial year.



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